



Affirmations for Mentoring Groups

1. **BE Present:** Actively participate in mentoring group discussions.
2. **BE Intentional:** Focus. Stick to the topic being discussed.
3. **BE Thoughtful:** Exercise sensitivity to other members of the group. Questions are posed for personal and theological reflection. Listen well. Affirm your others whenever possible. Encourage the more hesitant participants.
4. **Be Prayerful:** Pray for each other, and pray that you will have an enjoyable and profitable time together.
5. **Be Discerning:** Be cautious about giving opinions, and feeling you always need to respond. Do offer wisdom and biblical instruction that is supported by Scripture.
6. **BE Authentic:** Feel free to share your personal experiences. Talk about *yourself* and *your own* situation, *not* the situations of others, which could lead to gossip.
7. **BE Open:** Expect God to teach you through the Scriptures being discussed *and* through other members of the group.
8. **Be Trustworthy:** Maintain confidentiality. *Anything said in the group is not to be discussed outside the group unless there is an emergency, cause for concern for someone's physical safety, or specific permission is given to do so.*

Mentor for Life: Finding Purpose Through Intentional Discipleship

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